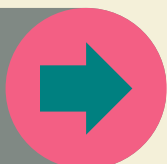




# Unika Yoga & Therapy Pte Ltd

At Unika Yoga & Therapy school, we foster a nurturing, supportive and inclusive culture, welcoming practitioners of all levels with open hearts and open minds. We take pride in creating an environment where everyone feels comfortable, safe and empowered to progress in their practice.

READ MORE



# About us



Unika Yoga is a peaceful, welcoming space focused on helping people feel better through movement, mindfulness, and connection. Their classes are designed for all levels, aiming to build strength, flexibility, and inner calm. More than just a yoga studio, Unika Yoga offers a community that supports personal growth and well-being. Whether you're a beginner or an experienced practitioner, you'll find a supportive environment to deepen your practice and connect with yourself. Learn more at [Unika Yoga About Us](#).

# Our Services

- Become a Certified Yoga Teacher Singapore
- Advanced Yoga Teacher Training Course Singapore
- 300 Hours Yoga Therapy Certification Course Singapore
- Therapeutic Yoga Course Singapore





## GET IN TOUCH NOW



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